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Millennium Cohort Study  
Naval Health Research Center  
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As a mixed martial artist and former member of the US Army, I endorse the Millennium Cohort Study. Launched in 2001, the Millennium Cohort Study is one of the largest health projects in military history. Its purpose is to determine how military service affects the health and well-being of service members. I served my country as a member of the Army and am familiar with the health challenges many military members face during and after their service. I also understand how important it is for service members to be heard.

[www.MillenniumCohort.org](http://www.MillenniumCohort.org)

(888) 942.5222

Thanks to those who have filled out surveys, the study has been able to collect useful data for over 10 years. The information gathered is used by the Department of Defense to help guide decision making about military health issues. Each individual who participates brings a unique perspective to the study, and will help show what issues need to be addressed.

You have been invited to complete your follow-up survey for this valuable study, and I encourage you to take part. By completing periodic surveys you will help make this project a success. Both my career with the military and as a UFC fighter have helped me realize the importance of good health. I thank you for your support of this effort and of our nation.

Respectfully,

Jorge Rivera