



DEPARTMENT OF THE NAVY  
OFFICE OF THE CHIEF OF NAVAL OPERATIONS  
2000 NAVY PENTAGON  
WASHINGTON, DC 20350-2000

July 31, 2014

MEMORANDUM FOR MILLENNIUM COHORT STUDY SERVICE MEMBER AND  
VETERAN PARTICIPANTS

SUBJECT: Request for Continued Participation in Military Health Research

1. You have made an important decision to improve the health and well-being of your fellow Service members and Veterans by participating in the Millennium Cohort Study. I hope that you will continue to remain an active participant in this important Department of Defense study.
2. The Millennium Cohort is the largest study of health and well-being in military history. This study includes more than 200,000 members from all branches of the military and includes Active Duty, Reservists, and National Guardsman. This study plans to follow participants for 67 years. In this way, researchers can identify how specific occupations, deployments, or other military exposures contribute to the long-term health and well-being of our Service members and Veterans. Identifying these factors is a key to the design and implementation of preventive measures and policies that can improve the health and quality of life of current, former, and future Service members.
3. As a participant, you have provided valuable information that will help the Millennium Cohort Study Team understand the health concerns and needs of military members. Therefore, your continued participation is critical, even if you are no longer serving in the military.
4. I encourage you to give your time to participate in this important study. I thank you for your time, dedication, and selfless service to your Nation.

A handwritten signature in black ink, appearing to read "M. L. Nathan", is positioned above the typed name.

M. L. NATHAN  
Vice Admiral, Medical Corps  
United States Navy  
Surgeon General of the Navy